

FDLC SUNDAY CAUSAL BASKETBALL HOUSE RULES

All players need to:

- Be over 16 years of age;
- 5:15pm start on 2 courts;
- Ensure casual fee is paid prior to taking the court;
- Wait on sideline until FDLC staff have changed over the court. Previous bookings such as Badminton must not be affected;
- Adhere to the centre's code of conduct at all times. Overly aggressive play or swearing is not permitted and may result in player/s being refused future play;
- Remove all jewellery;
- Players to wear shirts or singlets at all times ('shirts and skins' not permitted); and
- Beware of higher numbers on Sunday evenings. By paying the casual fee you are agreeing to play with the numbers.

We want everyone to enjoy themselves and get a fair go. To ensure play runs smoothly and to minimise misunderstandings and conflict, the following rules need to be followed when playing at FDLC on Sunday evenings:

- All players must shoot free throw to decide 3, 4, 5 man teams (4 on 4 half court preferred);
- A 3 pointer is to be taken to decide the starting team possession (or any controversial calls/jump ball situations);
- Games played to 11 points (3 point field goals calculated as 2 points and 2 point field goals calculated as 1 point);
- Players to call their own fouls. If the call is a 50/50 best to raise your hand to ensure smooth play;
- Make it take it! If your team scores you regain possession;
- After defensive rebounding of a missed shot, the ball must be cleared (taken outside the 3 point line); and
- After a scored basket the ball must be checked at the top of the key/3 point line. The player receiving the checked pass can shot the ball if he wishes (passing is the preferred option).



*Please follow Five Dock Leisure Centres Facebook and Instagram page for updates on cancelled sessions.

If you have any feedback or questions relating to the house rules above or casual basketball at the Centre, please email Sports Programs Officer's James and Phil at sportsprograms@fdlc.com.au